

# Packing checklist

## Medical

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- ☐ Antibiotic cream
- ☐ Stomach, nausea and indigestion medication
- ☐ Band-Aids
- ☐ Insect repellent
- ☐ Pain relievers
- ☐ Prescription medicines

## Media

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- ☐ Camera or video camera
- ☐ Cell phone and cell phone charger
- ☐ Plug adapter or converter (if needed)
- ☐ Books, magazines and/or e-reader
- ☐ iPad/Tablet
- ☐ Headphones

## Money / Documents

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- ☐ Passport/travel documents
- ☐ ATM Card
- ☐ Driver's licence/international driver's permit
- ☐ Destination currency

## Miscellaneous / Extras

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- ☐ Gum/mints
- ☐ Sunglasses/Reading glasses
- ☐ Travel pillow
- ☐ Pen
- ☐ Tissues

## Toiletries

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- ☐ Blow Dryer/Straightening iron
- ☐ Face cleanser/bodywash
- ☐ Toothbrush/toothpaste/mouthwash
- ☐ Deodorant
- ☐ Ear plugs
- ☐ Feminine products
- ☐ Comb/Hairbrush
- ☐ Sunscreen/Aloe Vera
- ☐ Lip balm with SPF
- ☐ Shaving essentials
- ☐ Travel size perfume/cologne
- ☐ Makeup
- ☐ Tweezers

## Clothing / Accessories

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- ☐ Belts
- ☐ Jewelry/accessories
- ☐ Dresses
- ☐ Hat
- ☐ Tops
- ☐ Sandals (casual & formal)
- ☐ Swimwear
- ☐ Shorts/Long pants
- ☐ Sweater
- ☐ Undergarments
- ☐ Running/walking/water shoes
- ☐ Evening wear / Collared shirt
- ☐ Athletic wear
- ☐ Pajamas
- ☐ Rain coat